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**18:00:00 21:30:00**

Transformational Power of Self-Love

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In this seminar Michael and Leah will discuss;

\*How the breakdown of our relationship with the Whole-Self begins.

\*How the lack of self-love is directly related to perfectionism, self-doubt, addictions, and a lack of confidence.

\*How the inability to receive love directly blocks us from experiencing our power, authenticity, joy, and ability to give love.

\*How self-love is at the core to making any lasting changes in our lives.

\*Powerful tools for practicing Self Love & Compassion.

Cost - \$15 at the door